

SC Jr/Sr HS CAC Meeting December 16, 2021

Agenda

Happy Holidays! Happy New Year!

SEL Programming – Second Step/Character Strong

School Data Update

2022-23 Student Scheduling



THE WHAT: CASEL 5 areas of competence

Collaborative for Academic, Social, and Emotional Learning (CASEL)

Recognizing one's own emotions and values as well as one's strengths and challenges

Managing emotions and behaviors to achieve one's goals



Showing understanding and empathy for others

Making ethical, constructive choices about personal and social behavior

Forming positive relationships, working in teams, dealing effectively with conflict

Collaborative for Academic, Social, and Emotional Learning (CASEL)

SEL for Personal and Academic Success

Findings	Descriptions
Better Academic performance	Achievement scores an average of 11 percentile points higher than students who did not receive SEL instruction.
Improved attitudes and behaviors	Greater motivation to learn, deeper commitment to school, increased time devoted to school work, better classroom behavior.
Fewer negative behaviors	Decrease disruptive class behavior, noncompliance, aggression, delinquent acts, disciplinary referrals.
Reduced emotional distress	Fewer reports of student depression, anxiety, stress, and social withdrawal.

Second Step (Grades 7 & 8)

Program Units

Unit 1: Mindsets & Goals

Unit 2: Recognizing Bullying & Harassment

Unit 3: Thoughts, Emotions & Decisions

Unit 4: Managing Relationships & Social Conflict

Program Themes

- Academic Success
- Belonging
- Growth Mindset
- Planning Ahead
- Resilience
- Relationships
- Perspective Taking
- Starting Right
- Values
- Conflict Resolution
- Starting Right
- Thoughts and Emotions
- Helping Others

Program Structure

Monday - Weekly Check-In

Starting and ending the week with advisory Check-Ins and Check-Outs allows advisors and students to build personal relationships in a simple, safe way and hear a bit about each other's lives outside of school.

Tuesday - Class Challenge

Class Challenges give students a chance to form strong, positive bonds with each other and can be a fun way to help lay the groundwork for the week's Second Step® lesson.

Wednesday - Weekly Topic Lesson

Thursday - Class Meeting

Class Meetings help build a sense of community within advisory, give students a chance to explore and reflect on Second Step® skills and concepts in a safe space, and provide a forum for students to think about applying the skills they're learning to social and academic situations

Friday - Weekly Check-Out

Program Goals/Future Plans

Program Goals

- Increase in Executive Functioning Skills
- Improve Social/Emotional Outcomes
- Improve Academic Outcomes
- Decrease Disruptive Behaviors
- Good State of Mind = Good Academic Performance

Future Plans

- Introducing Service Learning Projects in Social Studies Curriculum.
- Increasing Student involvement - Jr High Student Council making Posters around Unit Themes

Character Strong (Grades 9–12)

High School SEL Program:

The newly revised version of the Character Strong Secondary Social & Emotional Learning program was developed based on research in Social & Emotional Learning, psychology, education, and adolescent development. Our approach to creating this program was to start with the foundational SEL competencies such as:

- Self-management
- Responsible decision-making
- Relationship skills
- Social-awareness
- Self-awareness

Program Structure

Classroom Delivery Grades 9-12

- 25 lessons per grade level
- Lessons include introduction, activity, and closing event (20-25 minute lessons)
- Lessons are presented in order as the sequence and structure is evidence based
- English Department will implement SEL Character Strong lessons 2x per month this school year beginning in January 2022
- The goal for next school year is to implement all 25 lessons per grade level

Program Goals/Future Plans

Program Goals

- Students will develop emotional understanding
- Student will develop empathy skills
- Students will develop leadership skills
- Students will develop the ability to set goals and take steps to achieve those goals
- Students will develop an understanding of their values
- Students will learn self management skills, responsible decision making skills, social and self-awareness skills, and relational skills

Future Plans

- September 2022, SEL lessons will be delivered 2-3x per month to total 25 lessons per year per grade level
- Monthly Newsletter/Calendar to all high school staff about implementation and lessons taught
- Teacher collaboration and co-teaching lessons across disciplines

Summary: Overall Goals of SEL/Character Ed Programming

We are focusing on the competencies listed below through our SEL/CE programming for students to prepare for post secondary planning. According to the National Association of Colleges and Employers (NACE) Career Ready Competencies (NACE, 2018), these areas are most important. This information can also be found on Page 12 of the [NYSED Social Emotional Learning: A Guide to Systemic Whole School Implementation](#).

- Critical thinking/ problem solving: Exercise sound reasoning to analyze issues, make decisions, and overcome problems.
- Teamwork/ collaboration: Build collaborative relationships with peers and adults. Ability to work within a team structure and negotiate and manage conflict.
- Oral/written communication: Articulate thoughts and ideas clearly and effectively in written and oral forms to persons inside and outside of the organization.
- Global/intercultural fluency: Demonstrate openness, inclusiveness, sensitivity, and the ability to interact respectfully with all people and understand individuals' differences.

Summary: Overall Goals of SEL/Character Ed Programming

- Leadership: Leverage the strengths of others to achieve common goals and use interpersonal skills to coach and develop others.
- Professionalism/ work ethic: Demonstrate personal accountability and effective work habits, e.g., punctuality, working productively with others, and time workload management.
- Career management: Identify and articulate one's skills, strengths, knowledge, and experiences relevant to the position desired and career goals and identify areas necessary for professional growth.
- Digital technology: Leverage existing digital technologies ethically and efficiently to solve problems, complete tasks, and accomplish goals. Demonstrate effective adaptability to new and emerging technologies.

School Data Update

- Attendance: Jr/Sr HS Overall Daily Attendance (grades 7-12) 9/7/21 – 12/10/21: 94%
- Overall GPA MP 1 & MP 2:
 - Jr HS: 72% 84.5 to 100; 25% 64.5-84.45; 3% 64.45 & below
 - Sr HS: 68% 84.5 to 100; 27% 64.5-84.45; 5% 64.45 & below
- Standards/Skill Gap Analysis:
 - Teachers identify student progress on priority standards
 - Design interventions for students who need more support
 - Provide enrichment opportunities for students meeting standards
 - Teachers are creating grade level wide policies to support students
 - Teachers will create midterms for all courses and administer them towards the end of January

2022-23 Student Scheduling

January 7: 2022-23 Program of Studies (Academic Program) book completed

January 10: Sr HS scheduling process letter mailed home to grade 8-11 families, 2022-23 Program of Studies/Course Offerings booklet available to students and families.

January 11-14: Meet with students in grades 8-11 during advisory to review Course Offerings Day.

January 18: Course Offering Day (Gym), 7:45-10:45am. Grades 8-11.

January 19: Scheduling/post-secondary planning begins with all 11th grade students & parents/guardians.

January 19: College Planning Information Night for 11th grade students/families via Zoom

February 14: Scheduling begins with all 10th grade students & parents/guardians.

March 8: 8th grade testing for 9th grade honors courses

March 4: 8th grade teacher recommendations for 9th grade honors students.

March 14: Scheduling begins with all 9th grade students & parents/guardians.

April 7: Sr HS Family Night -- Sr HS requirements for 8th grade students/families via Zoom or in-person

April 18 & 19: Present to 8th grade English classes: Sr HS scheduling info, Naviance review, and Graduation requirements.

April 20: Scheduling begins with all 8th & 7th grade students & parents/guardians.

May 16: Jr HS Family Night -- Jr HS requirements for 6th grade students/families. Scheduling then begins with all 6th grade students & parents/guardians, end of May via Zoom or in-person.