

Emily Howland

Menu Subject to Change

Southern Cayuga School District is an Equal Opportunity Provider and Employer

February 2018

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Available with All Lunches

Assorted Fruit/Cups
Milk Choice
Veggie Bar

1A

Hot Turkey Sandwich
w/Gravy
Mashed Potatoes
Seasoned Corn

2B

Homemade Pizza
Garden Salad
w/ Dressing
Seasoned Broccoli

5C

Chicken Nuggets
w/Dip & Roll
Baked French Fries
Baked Beans

6D

Beef Nachos Supreme
Cheesy Bean Dip
Seasoned Corn

7A

French Toast Sticks
w/ Sausage
Hash Brown Patty
100% Fruit-Veggie
Juice

8B

Beef Ravioli
w/ Dinner Roll
Caesar Salad
Mix veggies

9C

Homemade Pizza
Garden Salad
w/ Dressing
Seasoned Broccoli

12D

Pizza Crunchers
w/ Sauce
Carrot Coins
Green Beans

13A

Mexican Lasagna
w/Roll
Black Bean Salsa
Seasoned Corn

14B

Macaroni & Cheese
w/ Heart Pretzel
Seasoned Green Beans
Seasoned Carrots
Valentine's Day

15C

Turkey Gravy
& Roll
Mashed Potatoes
Seasoned Corn

16D

Assorted Pizza or
Fish Sandwich
Cook Choice

19

Winter Recess

No
School

20

Winter Recess

No
School

21

Winter Recess

No
School

22

Winter Recess

No
School

23

Winter Recess

No
School

26A

Chicken Nuggets
w/Dip & Roll
Baked French Fries
Baked Beans

27B

Walking Taco
w/all the fixings
Cheesy Bean
Seasoned Corn

28C

Baked Pasta
& Meat Sauce
w/ Texas Toast
Seasoned Green Beans
Caesar Salad

Second Choice

Monday - Tuna Salad
Tuesday - Egg Salad
Wednesday - Chicken Patty
Thursday - Turkey & Cheese
Friday - Yogurt Parfait

Second choice entrees served
with sides of the day

Salad Du Jour

Monday - Chicken Caesar
Tuesday - Turkey & Cheddar
Wednesday - Oriental Chicken
Thursday - SC Cobb
Friday - Chef Salad

Available Daily

PB&J and Yogurt Meal

Breakfast

PK-6: \$1.50

7-12: \$1.60

Lunch

K-6: \$2.35 7-12: \$2.45

Visit our website to print
a free & reduced meal
application and
to view menus.

www.southern cayuga.org

What did the chocolate
syrup say to the ice cream?

I'm sweet on you.