

# Emily Howland

# June 2018

Menu Subject to Change

Southern Cayuga School District is an Equal Opportunity Provider and Employer

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

## Available with All Lunches

Assorted Fresh Fruit/Cups  
Milk Choice

**1B**  
Homemade Pizza  
Garden Salad  
w/Dressing  
Seasoned Broccoli

### Second Choice

Turkey & Cheese will be available daily

### Salad Du Jour

Chef Salad will be available daily

**4C**  
Chicken Patty  
Whole Grain Bun  
French Fries  
Shipwrecked Beans

**5D**  
Taco Tuesday  
w/Lettuce, Salsa &  
Sour Cream  
Black Bean Salsa  
Seasoned Corn

**6A** Deli-Day  
Turkey, Cheese,  
Lettuce, Tomato,  
Onion & Pickles  
Tomato Cuke Salad  
Cole Slaw

**7B**  
Turkey Gravy  
& Roll  
Mashed Potatoes  
Green Beans

**8C**  
Homemade Pizza  
Garden Salad  
w/Dressing  
Seasoned Broccoli

### Available Daily

PB&J and Yogurt Meal

All entrees served with sides of the day

**11D**  
Cheeseburger  
Whole Grain Bun  
Sweet Potato Gems  
Shipwrecked Beans

**12A**  
Nacho Supreme  
w/Lettuce, Salsa &  
Sour Cream  
Black Bean Salsa  
Seasoned Corn

**13B**  
Pasta & Meat Sauce  
w/Texas Toast  
Caesar Salad  
Green Beans

**14C**  
Sweet & Savory  
Chicken over Rice  
Mixed Veggies  
Carrot Coins

**15D**  
Assorted Pizzas  
Garden Salad  
w/Dressing  
Seasoned Broccoli

### Breakfast

PK-6: \$1.50

7-12: \$1.60

### Lunch

K-6: \$2.35 7-12: \$2.45

**18A**  
Chicken Patty  
Whole Grain Bun  
French Fries  
Shipwrecked Beans

**19B**  
Grilled Hot Dog  
Whole Grain Bun  
Baby Carrots & Celery  
Sticks w/Dip  
Frozen Treat

**20C**  
Cook's Choice  
Veggie

**21D**  
Half Day  
Limited Breakfast Options  
No Lunch

**22**  
Have a safe &  
fun summer!

Visit our website to print a free & reduced price meal application and to view menus.

[www.southerncayuga.org](http://www.southerncayuga.org)

## Summer Meals

Text 'Food' to 877-877 to find a site near you.  
Call 1-866-3hungry to learn more.

What has ears but can't hear a thing?

A cornfield