

Emily Howland

Menu Subject to Change

Southern Cayuga School District Is An Equal Opportunity Provider and Employer

May 2018

Second Choice

Monday - Tuna Salad
 Tuesday - Egg Salad
 Wednesday - Chicken Patty
 Thursday - Turkey & Cheese
 Friday - Yogurt Parfait

Second choice entrees served with sides of the day

Salad Du Jour

Monday - Chicken Caesar
 Tuesday - Turkey & Cheddar
 Wednesday - Oriental Chicken
 Thursday - SC Cobb
 Friday - Chef Salad

Available Daily

PB&J and Yogurt Meal

Breakfast

PK-6: \$1.50

7-12: \$1.60

Lunch

K-6: \$2.35 7-12: \$2.45

Visit our website to print a free & reduced meal application and to view menus.

www.southern cayuga.org

What do mice like to eat for their birthdays?

Cheesecake.

MONDAY

Available with All Lunches

Assorted Fruit/ Cups
 Milk Choice

7D

Sweet & Savory Chicken over Rice
 Steamed Broccoli
 Carrot Coins

14A

Chicken Nuggets w/Dip
 Sweet Potato Fries
 Ship-Wrecked Beans

21B

Hot Dog
 Whole Grain Bun
 Baked French Fries
 Seasoned Carrots

28

Memorial Day
 No School

TUESDAY

1D

Taco Tuesday w/Lettuce, Salsa & Cheese
 Black Bean Salsa
 Seasoned Corn

8A

Beef Nachos Supreme
 Cheesy Bean Dip
 Seasoned Corn

15B

Meatball Sub w/Mozzarella
 Green Beans
 Seasoned Corn

22C

Walking Taco w/all the Fixings
 Cheesy Bean Dip
 Seasoned Corn

29C

Chicken Nuggets w/Dip
 Ship-Wrecked Beans
 Seasoned Corn

WEDNESDAY

2A

French Toast Sticks w/Sausage
 Hash Brown Patty
 100% Fruit-Vegetable Juice

9B

Chef Boyardee
 Beef Raviolis
 Caesar Salad
 Green Beans

16C

Fish Patty
 Whole Grain Bun
 Cole Slaw
 French Fries

23D

Chicken Parmesan Sandwich
 Sweet Potato Fries
 Green Beans

30D

Pasta & Meat sauce w/Texas Toast
 Green Beans
 Caesar Salad

THURSDAY

3B

Toasted Cheese Tomato Soup
 Celery Sticks w/Dip

10C

Turkey Sub w/Lettuce, Tomato, Cheese & Pickles
 Tomato Cuke Salad
 Celery Sticks w/Dip

17D

Turkey Gravy & Roll
 Mashed Potatoes
 Carrot Coins

24A

Homemade Lasagna w/Texas Toast
 Caesar Salad
 California Blend Vegetable

31A

BBQ Rib Sandwich
 French Fries
 Peas 'n Carrots

FRIDAY

4C

Homemade Pizza
 Garden Salad w/Dressing
 Seasoned Broccoli

11D

Homemade Pizza
 Garden Salad w/Dressing
 Seasoned Broccoli

18A

Homemade Pizza
 Garden Salad w/Dressing
 Seasoned Broccoli

25B

Stuffed Crust Pizza
 Garden Salad w/Dressing
 Seasoned Broccoli