

Jr/Sr High School

Menu Subject to Change

Southern Cayuga School District Is An Equal Opportunity Provider and Employer

May 2018

Second Choice

Monday - Tuna Salad
 Tuesday - Egg Salad
 Wednesday - Chicken Patty
 Thursday - Turkey & Cheese
 Friday - Yogurt Parfait

Second choice entrees served with sides of the day

Salad Du Jour

Monday - Chicken Caesar
 Tuesday - Turkey & Cheddar
 Wednesday - Oriental Chicken
 Thursday - SC Cobb
 Friday - Chef Salad

Available Daily

Pizza, PB&J and Yogurt Meal

Breakfast

PK-6: \$1.50

7-12: \$1.60

Lunch

K-6: \$2.35 7-12: \$2.45

Visit our website to print a free & reduced meal application and to view menus.

www.southern cayuga.org

What do mice like to eat for their birthdays?

Cheesecake.

MONDAY

Available with All Lunches

Assorted Fruit/ Cups
 Milk Choice

TUESDAY

1D

Taco Tuesday
 w/Lettuce, Salsa & Cheese
 Black Bean Salsa
 Seasoned Corn

WEDNESDAY

2A

Cheese Omelet
 w/Muffin
 Hash Brown Patty

THURSDAY

3B

Toasted Cheese
 Tomato Soup
 Corn Chowder

FRIDAY

4C

Homemade Pizza
 Garden Salad
 w/Dressing
 Seasoned Broccoli

7D

Sweet & Savory
 Chicken over Rice
 Steamed Broccoli
 Carrot Coins

8A

Beef Nachos Supreme
 Cheesy Bean Dip
 Seasoned Corn

9B

Chef Boyardee
 Beef Raviolis
 Green Beans

10C

Beef Stroganoff
 w/ Dinner Roll
 Seasoned Carrots

11D

Homemade Pizza
 Garden Salad
 w/Dressing

14A

Chicken Nuggets
 w/Dip & Roll
 Sweet Potato Fries
 Ship-Wrecked Beans

15B

Flat Bread Taco
 w/Lettuce, Salsa & Cheese
 Cheesy Bean Dip

16C

Fish Patty
 Whole Grain Bun
 Cole Slaw
 French Fries

17D

Turkey Gravy
 & Roll
 Mashed Potatoes
 Corn

18A

Homemade Pizza
 Garden Salad
 w/Dressing
 Seasoned Broccoli

21B

Double Dog
 Whole Grain Bun
 Baked French Fries
 Seasoned Carrots

22C

Walking Taco
 w/all the fixings
 Cheesy Bean Dip
 w/Tostitos Scoops
 Seasoned Corn

23D

Chicken Parmesan
 Sandwich
 Sweet Potato Fries
 Green Beans

24A

Homemade Lasagna
 w/Texas Toast
 Broccoli

25B

Stuffed Crust Pizza
 Garden Salad
 w/Dressing

28

Memorial Day
 No School

29C

Chicken Nuggets
 w/Dip & Roll
 Ship-Wrecked Beans
 Seasoned Corn

30D

Pasta & Meat sauce
 w/Texas Toast
 Green Beans

31A

Sheppard's Pie
 w/Roll
 Mashed Potatoes
 Broccoli